

Your Life, Your choice, Your future

The problem

Gambling addiction (GD) is a repeated, compulsive behaviour that adversely affects an individual's interpersonal or social functioning. It is not a new phenomenon but has become a bigger problem for society, as access to gambling has become more readily available. People no longer need to travel to an event or go to a bookmaker to place a bet.

In the internet age, gambling can be accessed online at the touch of a button, without the need to leave home or even get out of bed. Because it is an activity that can be done in isolation, it may not be obvious to others that a gambling problem exists.

GD is now recognised as a significant social and personal problem within the UK and around the world. Exact figures are difficult to obtain, partly due to the variation in definitions used and the sparsity of reliable data. However conservative estimates state that 1% to 4% of the general population gamble to a level that very seriously impacts on their financial resources.

Problem gamblers have limited access to effective healthcare or treatment, with surprisingly few resources available to them, especially in more remote areas. Usually addicts turn to their doctor, who are not trained or properly equipped to deal with the problem effectively. This often results in ineffective prescriptions which only address a small part of the problem, **or in some cases, make the situation worse.**

The solution

The Habet virtual healthcare platform connects problem gamblers with an extensive network of trained addiction specialists and healthcare professionals around the world.

The platform merges traditional web services with online 3D virtual technology. Users have 24 / 7 access to healthcare from carefully selected addiction specialists and can easily conduct their appointments online from the comfort of their own home.

The 3D virtual space we are developing is named the Habetat. This powerful tool gives users the opportunity to anonymously meet other gambling addicts and engage in immersive virtual treatments with their chosen practitioner in a beautifully designed, calming virtual environment.

Users have the ability to create and modify their own unique avatar, which they can use to explore and interact with the world. The Habetat virtual space will be familiar to many modern gambling addicts who are experienced with online video games and virtual gambling environments, which have played a big part in the extraordinary rise in gambling addiction.

Users can also choose to book and take their appointments online via the Habet website. We will offer text, voice and video calls, so there is an option to suit everyone.



Welcome to Habet Online

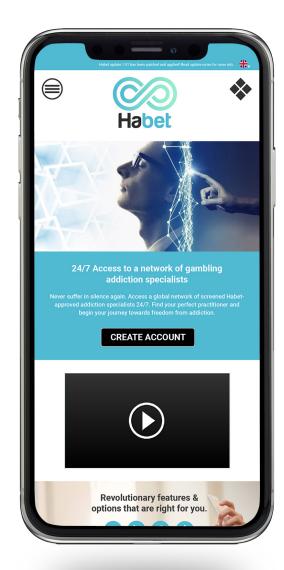
The fully mobile responsive Habet website is a place for sufferers of gambling addiction to seek help, get advice, connect with other addicts and book online appointments with our network of trained professional practitioners.

Habet has been designed with a user-first approach.

It is easy to navigate and features a wealth of information and features that are of genuine use to problem gamblers.

The user experience is at the heart of everything we've built.

We will now introduce you to the site and run through its core features.



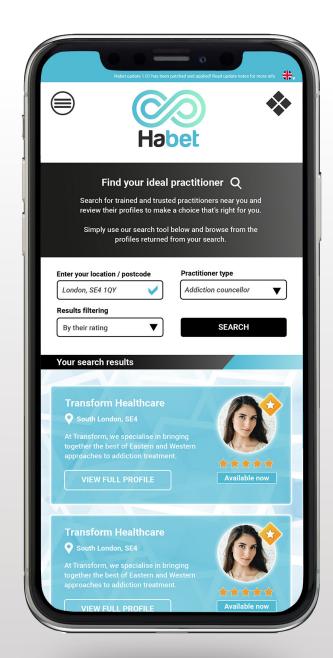


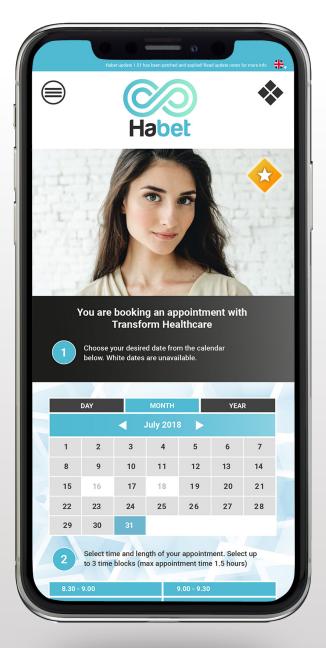
PRACTITIONER SEARCH

The search function features different criteria such as location, reputation rating and unique specialisms.

Matching practitioners are displayed in list view.

From here the user can read expanded practitioner profiles, bookmark them and make a booking.





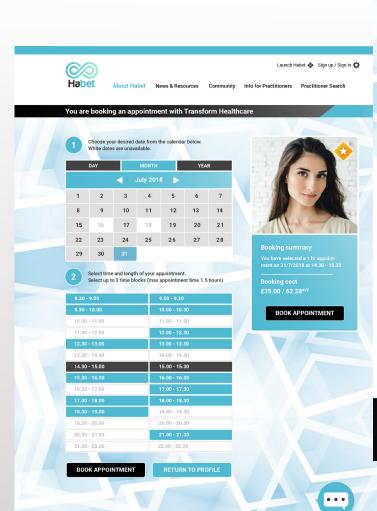


PRACTITIONER SEARCH

Habet users can easily share their treatment experiences with the Habet community. This helps ensure quality, providing extra insight and assurance to those seeking

Users can choose between 30 minute, 1 hour and 1.5 hour sessions. The cost for each duration is set by the practitioner and listed clearly on their profile.

Users can easily make bookings by first selecting their desired date and then duration from the time blocks below.



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News & Resources Community Info for Practitioners Practitioner Search

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Transform Healthcare

East London, SE4

At Transform, we specialise in bringing together the best of Eastern and Western approaches to addiction treatment. We always take an individual, personal approach, taking time to listen to your needs and preferences, and working together to design a treatment programme that's right for you

With over 20 years' experience in healthcare, we're here to help - whether you're just starting your recovery journey or already have experience of

Book an appointment today, and discover the difference we can make

Our services include:

Counselling

Cognitive behavioural therapy

Wellness training

Guided meditation

VIEW CALENDAR



BOOK APPOINTMENT

Practitioner reviews



Transform helped me thrive again

I want to say a big thank you to Transform. You helped me find the right form of treatment for me and supported me every step of the way. You made such a difference to my recovery and I really...

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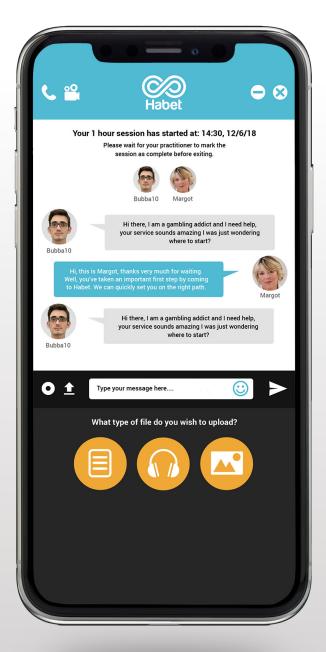


ONLINE APPOINTMENTS

Users can take their appointments online at times that are convenient for them, from anywhere they wish.

The service supports audio calls, video and text chat.
The user and practitioner can switch between communication methods at any time.







News & Resources Community Practitioners & Researchers Practitioner Search







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Against the wall: Being an addiction therapist in gaza

> Habet is nominated for VR worlds excellence award!

Eden server fully upgraded and ready to go! Here's the full list of features Contribute to meta-search project for Speaker Bryan Randall to host free











VIDEO: Life after gambling addiction









project for double Avatz and







Eden server fully upgraded and ready to go! Here's the full list of features

Contribute to meta-search project for Speaker Bryan Randall to host free

addiction seminar next month therapist in gaza

Habet is nominated for VR worlds excellence award!





NEWS: Habet is nominated for VR



VIDEO: The art of mindfulness













NEWS & MEDIA

We provide a comprehensive news and media section, meaning it's easy for users to share content on social media networks.

We will bring our users video, blogs and articles from inspirational experts in the field, celebrities and figures working to combat gambling addiction.

Our mandate is to create valuable, inspirational content that will be highly shareable and of interest to everybody, not just gambling addicts.

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COMMUNITY & EVENTS

Habet offers its users extensive community features such as forums allowing users and community leaders to easily create and operate their own professionally lead support groups.

We will also bring users blogs and virtual community events hosted by renowned addiction professionals and speakers as part of our community offering.



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The power of mindfulness



















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"At my worst times I felt like my skin was crawling, it was hard to know where to turn, but I always found solace in my other less destructive hobbies"

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EVENTS

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The power of

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Jay Shetty: The power of mindfulness

Ralf Schimder: Links between

Janet Del Ray: Get on your bike! Doug Stanhope: Gambling after

Dereck Montague: The Neon Monster: big casinos in Hong

Date posted

The power of mindfulness

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READ BLOG

Links between depression & addiction

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READ BLOG

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READ BLOG

Gambling after addiciton

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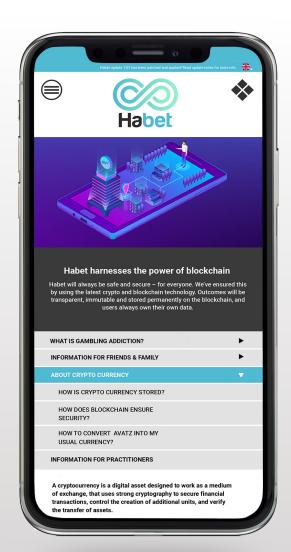
SECURE AVATZ PAYMENTS

Users can choose to convert their fiat currency into Avatz and instantly pay for their treatment with their online balance.

Payments are easy, fast and totally secure.

We will offer an additional layer of security in the form of biometric sign-in which has many advantages over other security methods like standard passwords.

It cannot be forgotten and is vastly more complex, making it much harder to crack.





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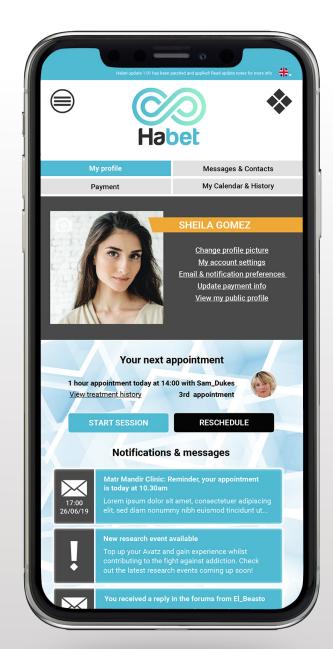


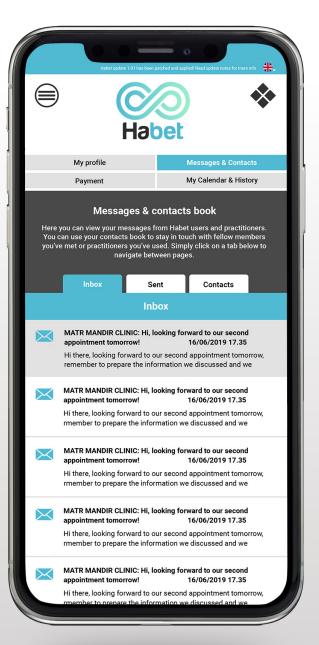
PROFILE & MESSAGING

Users can access their profile functions any time they wish. From here, they can update their account information and preferences, or view key information.

This includes reminders on their next scheduled appointment, important notifications and messaging from other members.

A fully functional email messaging system with a contacts books is available to all users to make communication and organisation as easy as possible.







Habetat virtual 3D service

Welcome to the Habetat

The Habetat is a calming environment taking the form of a peaceful technologically advanced garden island.

^{*}Images display content still in development and do not represent final quality.

A place to create

Create your own highly customized personalised Avatar and interact with the Habetat and other users as anonymously as you wish.



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A place to connect

The Habetat provides the chance for users to create positive communities, away from gambling addiction. The virtual environment provides an inspiring place to connect with others, explore and spend time in.

This is a world-first feature.

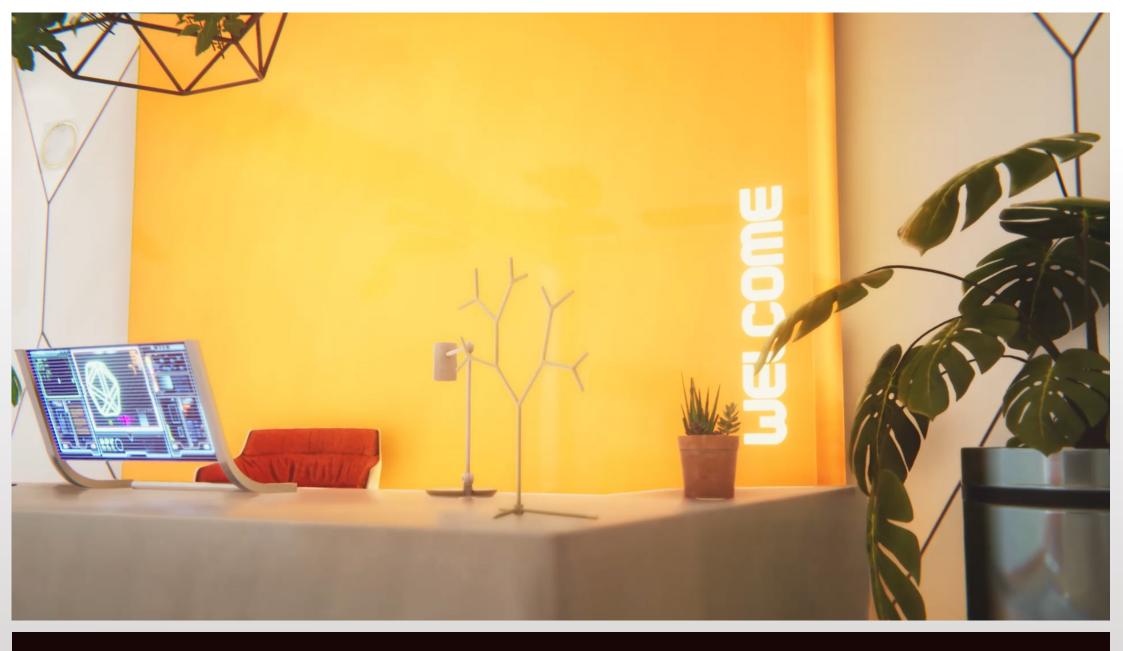
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A place to explore

The Habetat island will feature a number of distinct outdoor and indoor environments and social hubs.

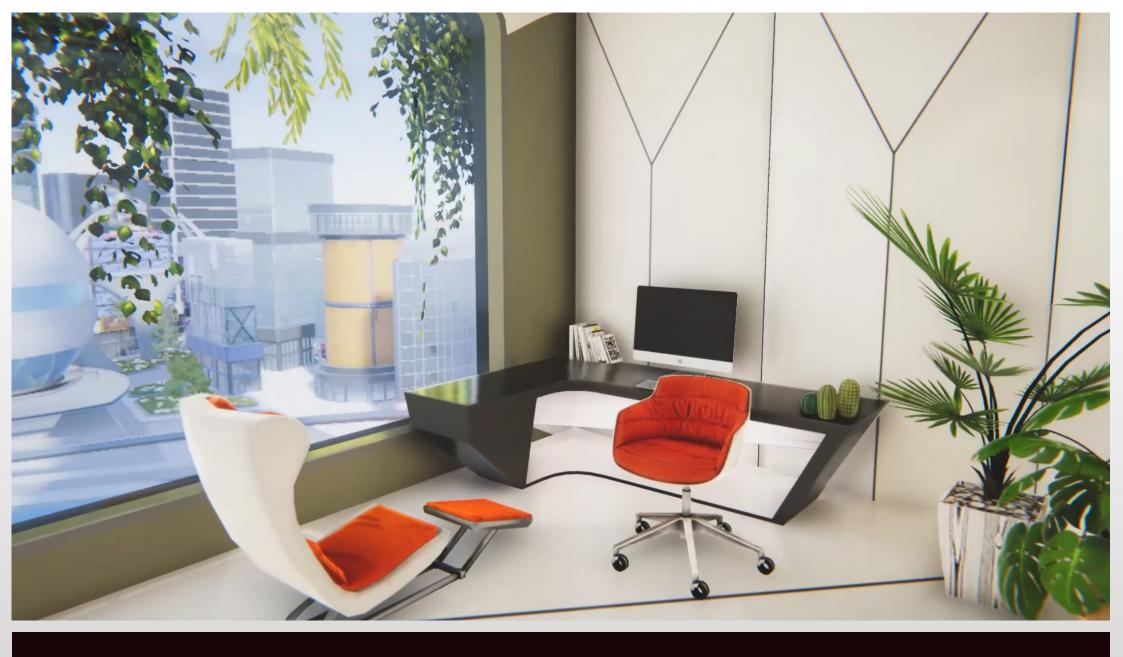
The inspirational futuristic architecture is drenched in sunshine and lush flora and fauna.

^{*}Images display content still in development and do not represent final quality.



A PLACE TO HEAL

As well as explore, connect with other users and attend seminars, users can actually book and attend virtual appointments with their chosen therapist. When the appointment is due to begin, the client is transferred over to the practice waiting room, where they wait for their appointment to start. Here they can read web articles or check their treatment history.



A PLACE TO HEAL

When their therapist is free, the client is automatically called through into the virtual practice and their fully immersive appointment with a real practitioner begins. Every practice is fully customisable by the practitioner, ensuring that no two practices will ever look the same.

Thank you very much for your time



Address: Habet Addiction Healthcare, 4 Athol Street, Douglas, IM1 1LD

Email: info@habetonline.com

